

### **FOXGLOVE FOREST SCHOOL T&Cs**

#### Are tickets refundable?

No, unless the Forest School leader cancels the session. If you give more than 48hrs notice your place can be exchanged for another date. If you or a member of your family display Covid 19 symptoms please do not attend.

# What can you expect at Foxglove Forest School?

We believe that through regular exploration of the natural world children can develop their social skills, resilience and empathy. At Foxglove we value each participant's individuality and want to support children's self esteem through hands on learning experiences.

#### Who runs the sessions?

A fully qualified level 3 Forest School leader with DBS.

### Where are the sessions?

Grow Mayow Community Garden Mayow Park, Mayow road, London SE26 4JA

### What happens in wet weather?

Forest School runs in any weather. Forest School will only be cancelled if weather is deemed to dangerous by the Forest School leader.

## What shall I wear?

Please bring suitable wet weather clothing and footwear, including long sleeved tops and trousers: protection from weather and potential insect bites. Waterproof trousers are a good idea to help children enjoy getting muddy!

#### What if a child has an accident?

You are responsible for your child at all times. A risk assessment is written for the sessions and First aider is present. Leader will complete an accident form with parent.

Covid secure guidelines

## Parent and Toddler sessions. - what to expect

10-11

On arrival, please wash your hands. Explore the garden with your children, listen for the shaker, meet Holly and given a kit to explore the garden with, inside the kit will be objects to explore the garden. There will also be some water play stations set up to explore. Please keep to 2m social distancing from other families while in the garden. There are antibacterial wipes to 'clean as you go'.

At 10:15 you will hear a tambourine that will indicate it is time for a socially distanced story for the children. Parents are welcome to stay in the garden, onsite during this time. The 5 children will be invited to sit in a socially distanced semicircle, enjoy a snack (bought from home) and story.

The session will end at 11 and families will be encouraged to leave the garden, respecting social distancing rules.

At all times children are their grown-ups responsibility both for first aid and toileting. You need to ensure that you and your child are respecting social distancing guidelines. The nearest toilet is at the café, (currently closed) please feel free to leave the session to use it.

A hand washing station is located near the entrance of the garden and in the middle of the garden.

Note that by being outdoors the risk of infection is much lower, but it is the participants responsibility to wash hands and keep social distancing rules at all times during the session.

We hope that being spending time in the beautiful Grow Mayow Community Garden will allow you time to relax in nature.

If you would like to wear gloves and/or a mask during the session you are welcome to, but you must provide your own.

Everyone will be asked to use hand sanitiser/wash hands when coming on site.

This session is to help with the mental health of your child/children and yourself.

The government says the risk of transmission of Covid-19 "is lower in the outdoors and more open spaces".

Participants and others can maintain a safe 2 metre distance, good hygiene practices are in place, equipment is disinfected before each session and if needed throughout the session.

NOTE: Anyone who is symptomatic or suspects they have been exposed to the virus does not take part and remains at home.

In the end of the day it is up to you and your family to wash your hands when returning home and wash your clothes. Also if you would like to wear face masks when with us you are more than welcome to do so.

We will be reminding children not to put their finger in their mouth or touch their eyes.

Any other questions please email: foxgloveforestschool@gmail.com